

ABSTRACT

In a video processing method, plural pieces of digital data such as video and audio data are inputted together with an instruction signal indicating whether or not the plural pieces of digital data are to be multiplexed, and the plural pieces of digital data are multiplexed when the instruction signal indicates that the digital data are to be multiplexed. The multiplexed digital data are then outputted together with a flag indicating whether or not the digital data are multiplexed. Therefore, when video and audio data are not multiplexed or when there is a scene description for handling plural pieces of video data, the video and audio data can be recorded or transmitted in a like manner as multiplexed data.